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## **Traditional Karate-Do Fundamental Techniques - Volume 1**

Many karate-ka are interested in going back to the roots to learn traditional Okinawan Karate-do. Okinawa is the birth place of Karate and Shorin Ryu is the original style. We are very fortunate to be affiliated and train with North America's highest ranked Okinawan master, Hanshi, 10th Dan, Seikichi Iha.

## **TRADITIONAL OKINAWA KARATE-DO REQUIREMENTS MANUAL**

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Morio Higaonna 10th Dan Okinawa Goju-Ryu , Chief Instructor of IOGKF ( International Okinawan Goju Ryu Karate-Do Federation). Traditional Karate-Do Okinawa Goju Ryu: Applications of the Kata, Part 2. The Six thousand photos, taken with a motor driven camera, show you the secret of Higaonna Karate The Applications of the...

## **Higaonna Morio. Traditional Karate-Do: Okinawa Goju Ryu**

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Okinawa Goju Ryu Karate-do Precepts The Founder of Goju Ryu Karate-do, Mi yagi Chojun Sensei. was honored with the title of "Bushi. " (a worthy warrior. In Okinawa, "bushi" does not mean "samurai" as it does in mainland Japan).

## **Traditional Karate-do Okinawa Goju Ryu Volume 1 - PDF Free**

While there he studied Okinawan karate, Wudang tai chi, sword and basic fist, Southern Shaolin Dog Style, Fujian White Crane and modern wushu ... committed to do our part as Canadians to develop traditional Martial Arts and promote the goodwill for the benefit of all who would participate.

## **Karate Manual Master updated November 2015**

I started with my karate training in traditional shotokan club. Back then, karate was meant for self-defense, Back then, karate was meant for self-defense, wherefore kata was principle method of training.

## **Okinawan Bubushi - Karate**

Traditional Karate (Karate-Do) was the original Karate from which these later sports borrowed the name "Karate", as it is commonly and widely used today. Karate has its roots in "Tode" a

weaponless self-defense system developed in Okinawa, influenced

## **TRADITIONAL KARATE**

Traditional Shotokan Karate-Do, Singapore. The Technical Manual is compiled based on the materials and records from the Karate Union of Great Britain, and the current Technical Director Shihan Wong

### **Technical Manual - SBSS.it**

protecting and preserving traditional Okinawan Goju Ryu Karate-Do as an intangible cultural treasure in its original form as passed on by Goju Ryu founder Chojun Miyagi, and spreading this art throughout the nations of the world.

## **ENGLISH GOJU RYU KARATE DO ASSOCIATION**

Books by G. Funakoshi (松本 範舟 Gichin Funakoshi Gichin, November 10, 1868 – April 26, 1957) is the founder of Shotokan Karate-Do, perhaps the most widely known style of karate, and is attributed as being the "father of modern karate".

### **Books by G. Funakoshi - Karate Do**

Traditional Karatedo - Okinawa Goju Ryu Vol 1 Fundamental Techniques. By Morio Higaonna 10th Dan Okinawa Goju-Ryu , Chief Instructor of IOGKF ( International Okinawan Goju Ryu Karate-Do Federation). Third printing June 1989.

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