

jeet kune do films pdf

The Jeet Kune Do Emblem The Taijitu represents the concepts of yin and yang. The Chinese characters indicate: "Using no way as way" and "Having no limitation as limitation". The arrows represent the endless interaction between yang and yin.

Jeet Kune Do - Wikipedia

The one-inch punch is a punching exercise from Chinese martial arts (kung fu) performed at a range of 0â€“15 cm (0â€“6 in). The one-inch punch was popularised by actor and martial artist Bruce Lee. It is designed to improve punching power and technique.

One-inch punch - Wikipedia

Year 2012 â€“ US Martial Arts Hall of Fame Inductees Special Honors from USMAHOF Jeff Speakman

Year 2012 US Martial Arts Hall of Fame Inductees

Jeet Kune Do Articulo principal: Jeet Kune Do El Jeet Kune Do utiliza el emblema de el Taijitu que representa los conceptos del yin y el yang. Los caracteres chinos indican: "El uso de la "no-forma" como forma y la "no-limitaci3n" como limitaci3n". Las flechas representan la interacci3n sin fin entre el yin y el yang. En 1967 , Bruce decide llamar al m3todo de combate que ven3a a ...

Bruce Lee - Wikipedia, la enciclopedia libre

Etymologie. De termen Wushu en Kung Fu worden vaak verward en vaak onjuist vertaald. "Kung Fu" uit het Chinees is vrij vertaald hoge vaardigheid, grote concentratie of toewijding. De traditionele Chinese krijgskunsten zijn onder deze naam, die soms ook in het Chinees gebruikt wordt, in het westen bekend geworden.

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