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The focus here is Instant Pot recipes that are on the healthful side of the spectrum! A resource for recipes you can make in your Instant Pot (or other electric pressure cooker) that are delicious, filling, and full of nutritional goodness. From the award-winning 101 Cookbooks recipe journal.

30+ Instant Pot Recipes to Love | 101 Cookbooks

56 FREE Instant Pot and Pressure Cooker Recipe Books If you're like me and reallllly love the instant pot, then you are constantly looking for new quick and easy recipes to try in your pressure cooker. I love using my tablet to look at and make new Instant Pot and Pressure Cooker recipes. So I decided to come up with a cool list of FREE Instant Pot and Pressure Cooker Recipe Books, 56 to be ...

56 FREE Instant Pot and Pressure Cooker Recipe Books

Here are 47+ Easy Instant Pot Recipes (Pressure Cooker Recipes) we handpicked for you. From Top Instant Pot Recipes to One Pot Meals, to recipes for Chicken, Rice, Eggs, Vegetables & Fruits.

47+ Easy Instant Pot Recipes (Perfect For New Users)

Healthy Instant Pot Recipes. Each and every recipe in the Fresh & Healthy Instant Pot Cookbook has the nutrition info listed right on the recipe, and there's also a photo for every recipe (yay!!) so you'll know exactly what each one should look like when you're done. All of the recipes have a gluten-free option included and they are all made without refined sugar, too.

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